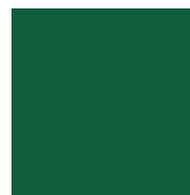




inside reach

SUMMER
newsletter
2018



in this issue...



2
President's
Message

4
Summer
Sib Shops

6
Canada Day Fun
at Emma Lea

Gala 2018

Reach for the Stars Gala - Oceans of Potential was a feel-good success in June!
Peruse our gallery of highlights...Continued page 3

inside reach

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Submissions are welcome. Children's writing or artwork is welcome. Please include your contact information with your submission. Submissions can be emailed to alisonm@reachchild.org with "newsletter" in the subject line, faxed to 604-946-6622 (please do not fax artwork), mailed or dropped off at the front desk. For more information about the "inside reach" newsletter please call 604-946-6622 ext.337.



5050 47 Ave, Delta, BC V4K 0C8
604-946-6622 Fax: 604-946-6223
info@reachchild.org
www.reachchild.org

Reach Play and Learn Centre
11415 84th Avenue
North Delta, BC V4C 2L9
604-501-1502 Fax: 604-501-1359

Message from the President



This is my last president's message. I have decided, after several months of deliberation, not to stand for a position on the Board of Directors at the Annual General Meeting in September. I'm using this last message

to pay tribute to the people who work with Reach Child and Youth Development Society.

Recently I was going back, looking at the AGM reports since I became involved with Reach in 2011, marvelling at the depth of work and the knowledge base that REACH's staff and managers bring to the table. I recall board meetings, meetings to plan events, meetings to plan meetings, fundraising events (I love a good gala), submissions to the School Board and Delta Council, and community outreach and partnering opportunities that Board members and Reach employees have participated in, side by side.

REACH managers and staff take every opportunity to assist Board members so we can make the best decisions possible for the direction of the Society. There are many facets. We have learned so much about the clinical complexity of the diagnoses that the children and youth we serve have and the positive effects that early intervention brings. Layered on that is the impact on families when a child

is diagnosed with a developmental disability or several, and how REACH staff respond so the family members adapt, cope with the stress and learn to seek out additional resources. Then there are the negative social impacts young people with developmental disabilities experience when they are trying to make friends and find a job. There is a lot of work to do in the area. I am confident that REACH, moving forward to provide services to people over the age of 19, will help support these young adults so their talents and skills will not be wasted and they will lead lives of fulfilment.

While not every family experiences having a family member with a development disability, we feel it is important that our community at large has its awareness raised. REACH staff work closely with Board members to educate and advocate to the broader community with the end goal of better outcomes for persons with developmental disabilities and a stronger and more caring community.

Reach employees bring education, professionalism, training, experience, empathy, highly developed problem-solving skills and dedication to every child and family that walks through the door. As the Board president I am very grateful for this and I thank them.

Donna Burke
President

2017/2018 Board of Directors

Reach Child and Youth Development Society :

Donna Burke, President; Phyllis With, Vice-president; Tom Siba, Treasurer; Marcia McCafferty, Secretary; Karen Ostrom, Director; Lynn Haley, Director; Shirley-Ann Reid, Director; Carmel Beckman, Director; Stuart Bowyer, Director

Reach Child and Youth Charitable Foundation:

Denis Horgan, Chair; Katherine Bamford, Vice Chair; Tom Siba, Treasurer; Agnes Douglas, Director; Valerie Bartlett, Director; Bob Mann, Director; Jeff Scott, Director; Ryan Thomas, Director; Ulf Ottho, Director; Ryan Ormerod, Director



Like, follow, look and watch. There are lots of ways to connect to Reach. Visit us at www.reachdevelopment.org to link to all of our social media.

Oceans of Potential Gala

DELTA, BC (June 2, 2018) – Reach Child and Youth Development Society held our 6th annual gala to benefit children and youth with special needs and their families in early June. The evening's fundraising totaled \$120,237, the most ever raised at a Reach for the Stars Gala. Steve Darling returned as our MC and lead the evening seamlessly.

High points of the evening included a speech from Minister Carla Qualtrough applauding REACH's work to support the potential of children with

needs in our community. REACH Delta Connex Program's presentation raised awareness about children with Fetal Alcohol Syndrome and the challenges their families face. Afterward, a pledge drive raised a stunning \$12,755 for Connex families within five minutes. REACH Delta Connex Manager Camille Netheron noted, "we are humbled and extremely grateful for all of the incredible donors and their generosity will go a long way in helping vulnerable families in our community."

Seated Guests in Ballroom



Deborah Sharp & REACH Connex Manager Camille Netheron present



Silent Auction Winners



Musician Gabriel Mark Hasselbach & Councillor Sylvia Bishop



Guests Mingle Outside



Our Volunteers



REACH SLP Gina Maslin presents



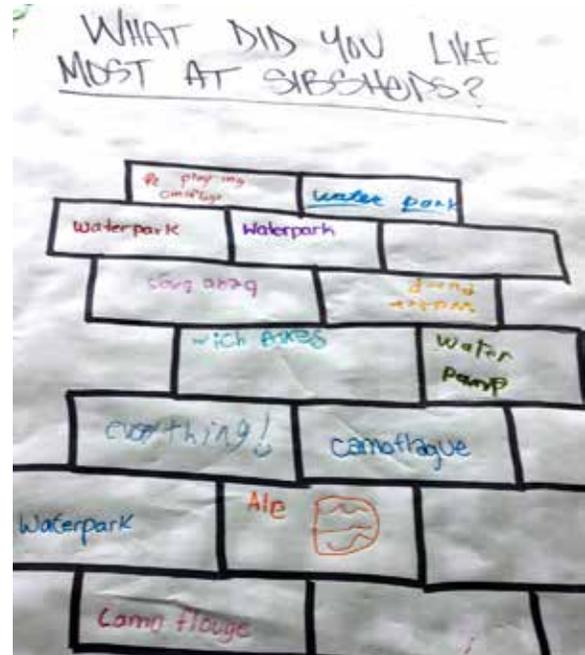
TFN Chief Williams gives traditional welcome



Summer SibShops



DELTA, BC (July 2018) Reach's Positive Connections Program recently ran their sibshops summer camp. Campers ranging in age from 6-13 attending this fun-filled week focusing on activities which allow them to freely express what it's like to be the sibling of a child with a diagnosis. From writing and answering letters to 'dear Aunt Blabby' (a take off on the advice column), to tie dye shirts, outdoor fun and group snacks these siblings not only rock at supporting their special sibs, but each other too!



Staff Summer Walkers



Join REACH staff at 12:15 pm on Wednesdays at our Children's Centre for a neighborhood walk

Visit from Local Social Workers

REACH hosted a building tour and presentation to Surrey MCFD/ CYSN team Social Workers on Wednesday, June 6th. Six Social Workers attended to learn more about REACH programs and services.

Participants toured the new facility and presentations were given from Positive Behavioural Support, Punjabi Parent Support Group, Positive Connections and Applied Behavioural Support programs.



Preschool & Down Syndrome Group Celebrations

The good weather arrived in June and two of our programs wound down for the summer. Down Syndrome Group and Preschool held end of year celebrations at REACH's new children's centre.

If you're looking for afternoon preschool in South Delta or morning/afternoon preschool in North Delta this September, registration is open! Check our website at www.reachchild.org/programs.



Down Syndrome Support Group End of Year Party

Preschool South End of Year Picnic



SHOP VOLUNTEER DONATE



REACH welcomes Jana Wachowski as our new FINDS assistant manager and volunteer coordinator. "I'm so excited to be working for this amazing organization!" says Jana. "We have been a REACH family for 5 years and I've volunteered at FINDS for almost 3 - everyone has been so welcoming!" Wonderful to have you with us Jana!

Goodbye to Sherrie & Oshrat



Kurtis Reid with Sherrie Jamieson

REACH said good bye to Sherrie Jamieson, our former Early Intervention Manager, who returned to us in 2017 after a year hiatus in India and Africa helping local children. Sherrie was instrumental in facilitating the move into our new building. Sherrie looks forward to travels in a camper she and her husband customized.

We also wished REACH Preschool Manager Oshrat Zemel well as she leaves us to travel to the world for a year. REACH Executive Director Renie D'Aquila commended Oshrat's strong leadership at the north and south Delta preschools in a speech at her good bye lunch.



Eva Major, Oshrat Zemel, Miriam Elfert

Emma Lea Supports REACH



Canada Day 2018! Emma Lea Farms benefitted REACH once more with BBQ sales all day July 1st. The weather didn't disappoint and happy participants enjoyed ice cream berry sundaes as well as the BBQ! Minister Carla Qualtrough came by for a visit with REACH president Donna Burke and enjoyed one.



Vancity Donates

North Delta Shredding



It was a party in the parking lot at the Scott Rd. and 72nd mall on Saturday, June 16, 2018 to benefit REACH. Urban Impact Shredding was on site to help North Delta residents shred their confidential papers for 4 hours from 10am – 2pm. Vancity staff also arranged for other mall merchants and North Delta businesses to come out in support. Tasty Indian Bistro, Fresh Slice Pizza & Cobs Bread all attended with fantastic free food and Starbucks provided coffee and iced tea for participants. Reflex Supplements gave samples, Steve Nash Sports Club gave fitness demonstrations, Great Glasses offered free exams and High Voltage Roadshow had a DJ playing tunes A Star Art Parlour offered face painting throughout the event. \$2,000 was raised for children with needs!



Vancity Grant



DELTA, BC (June 2, 2018) Vancity North Delta and Tsawwassen representatives present Reach Society president Donna Burke, Reach Foundation chair Denis Horgan and executive director Renie D'Aquila with \$10,000 cheque. The Vancity grant funds will support Reach Therapies programs.

Health and Safety

With the summer break comes hotter weather and more playtime outside for our children. The heat and higher physical activity also correlates to more cases of dehydration throughout the summer months in particular. Dehydration occurs when there is more water loss than there is intake into the body. Some of the first signs of dehydration are thirst, darkened urine, and fatigue, and increased dehydration can lead to constipation, irritability, mood swings, memory loss, decreased concentration, dry skin, headaches, and muscle cramps in both children and adults. Recent statistics from the Center for Disease Control and Prevention states that 75% of North Americans are chronically dehydrated. Water is important to the overall function of our body as it not only keeps our body temperature regulated, but also lubricates and cushions joints, protects the spinal cord and other tissues, gets rid of body waste through urine, perspiration, and bowel movements, and helps with overall cognitive and organ function.



While the heat can increase how quickly one can become dehydrated, there are many ways to combat this. First, drink plenty of water throughout the day so that it becomes habit prior to becoming thirsty, have a water bottle available at all times, and drink when you feel thirsty. As 20% of fluid intake can come from certain foods, increase the consumption of watermelon, strawberries, iceberg lettuce, celery, cucumber, spinach and zucchini, and decrease sugary and caffeinated drinks. Wear clothes that are breathable, take breaks from the sun and the heat in shaded or cooled down spots throughout the day, and manage the inside temperature of your home as best as you can. A study from

the Journal of Strength and Conditioning showed that it only took 45 minutes after drinking 2 bottles of water for mildly dehydrated men to be hydrated properly again. So enjoy your sunny days this summer with a tall, refreshing glass of water and drink up!

Caring Local Children



Children L-R Sachi and Koji Kaneko with friends Logan and Lily Wischnewski raised \$50 at their neighbourhood lemonade stand and donated it to REACH. Admin team's Kristin and Naadia received the donation from these community minded kids!

Heartfelt Appreciation

Come & thank the volunteers & staff who serve our children!



Social Annual General Meeting

September 13, 2018

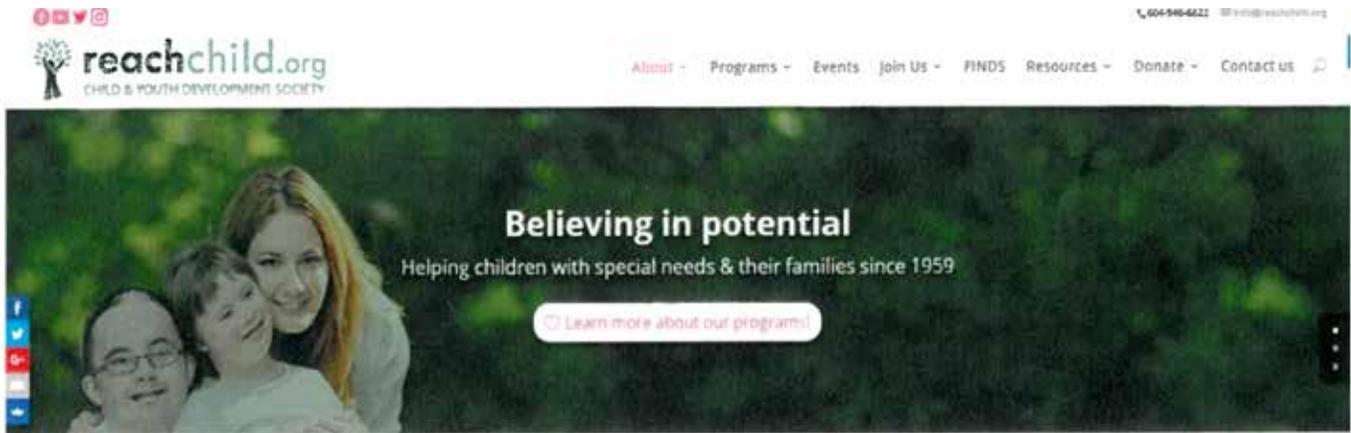
6:30 - 8:00 pm at REACH
5050 47th Ave., Ladner

Appetizers & Refreshments Served

RSVP 604.946.6622 ext.0 or info@reachchild.org by Aug.30,2018

REACH Annual General Meeting is next month! You are welcome to join us, simply register with front desk either by calling 604.946.6622 ext 0 or email at info@reachchild.org.

Announcing our new website!



We launched our new website August 1st. Visit us at www.reachchild.org and enjoy new features and easy navigation!

Environmental Corner

Karen Field

Did you know that you can bring these items back to any London Drugs store in B.C. to be recycled? For more information, check out <https://greendeal.ca/recycling>

Stay Tuned...

Mingler at the Mills is being planned for September 29, 2018 at 7 pm! Tantalize your tastebuds with tapas, wine and microbrewery tastes at the mall. Tsawwassen Mills Mall and Milestones are partnering to bring this special fundraiser benefitting REACH to the community. More details to follow!

TSAWWASSEN
MILLS

ELECTRONICS	<ul style="list-style-type: none">ComputersLaptopsCell PhonesTabletsPrintersModems and RoutersInk CartridgesLaser CartridgesTVsDVD & VCR PlayersStereosHeadphonesCables <ul style="list-style-type: none">Alkaline BatteriesRechargeable Batteries'Button' Style Batteries	
LIGHTING	<ul style="list-style-type: none">Compact Fluorescent BulbsLED bulbsFluorescent Tubes (up to 4ft)Incandescent Bulbs (BC Only)Christmas Lights (BC Only)	
SMALL APPLIANCES	<ul style="list-style-type: none">Coffee Makers, Kettles, Blenders, ChargersClock RadiosMicrowave OvensHair Dryers, IronsVacuum Cleaners(Virtually any small appliance with a cord)	
PACKAGING	<ul style="list-style-type: none">Packaging from any London Drugs PurchaseSoft Plastic BagsCardboardHard PlasticStyrofoam (Including Clean Meat Trays and Food Containers (BC Only)Plastic Overwrap (BC Only)	
OTHER	<ul style="list-style-type: none">Used and Expired Medications & PackagingCamerasSmoke AlarmsBRITA Water FiltersInsurance Plastic Folders (BC Only)	